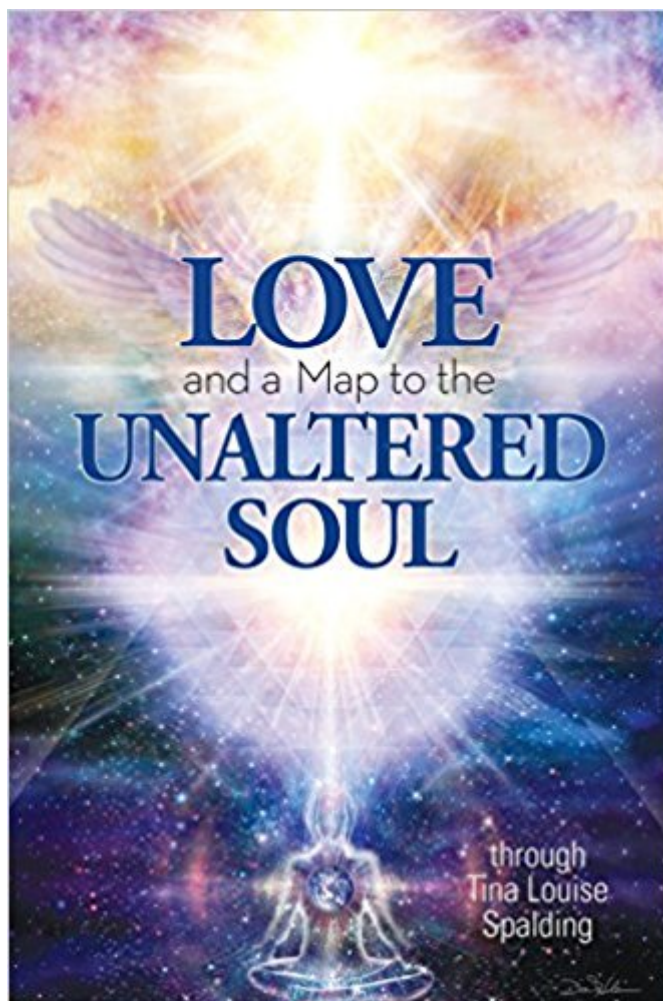


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# Love And A Map To The Unaltered Soul



## Synopsis

True love is never-ending. It does not refuse or inflict punishment, it does not withdraw or have temper tantrums, and it does not punish. Love always is, and it always emits the same high frequency of absolute, unconditional caring and offering, of growing and creation. Ananda We think we know what love is, but in *Love and a Map to the Unaltered Soul*, we are challenged to broaden our definition and free ourselves from constraints we never realized we had. In these pages, you will learn that love is a process of climbing your ladder of consciousness. Through Tina Louise Spalding, Ananda, Jesus, and Mary Magdalene give practical instruction and examples on how to find and keep love at the center of your life. Chapters Include The Unaltered Soul Seeks Experience Move beyond the Physical You Are Part of a Greater Oneness You Can Raise Your Frequency Seek Love Within You Create Your Experiences How to Find Love Align with Love to Find Happiness Question Your Beliefs Implement Healthy Routines The Choice Is Yours Forgiveness Demonstrates Love The Only True Actions Add Love to Every Moment A New Approach to Forgiveness Little Ones Need Freedom

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## Customer Reviews

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At the age of forty-two, Tina Louise Spalding had been through two divorces and harbored a deep dissatisfaction with modern life. She found solace through an intense immersion in A Course in Miracles. Ten years of internal transformations followed, climaxing on the summer solstice of 2012, when Tina was infused with a powerful and ecstatic energy a group of nonphysical teachers named Ananda. Now she dedicates her life to writing and speaking for nonphysical beings, sharing their wisdom and spiritual knowledge.

This is probably the most important book that I've read. The idea that we create our own lives, and bring to us what we think and project, is not new to me--Jane Roberts' Seth Books first introduced this information to me years ago and I highly recommend this series of books. However, in "Love and a Map to the Unaltered Soul," the collective authors clearly explain the creative nature of the soul and how all humans create their lives either consciously or unconsciously. The language is simple and easy to understand, and clear, real-life examples are provided that will instantly make sense to the 21st century Western human being. This book helped me to actually apply the information in a way that I never understood before. The discussion of love, living in a love based state, and seeking love through our connection to the creative universal, loving source should be required reading for all humans. Anyone who is seeking to live a more peaceful, loving life in this modern world but is confused by the seemingly chaotic world in which we live, must read this book. The information within these pages and the recommendations to make daily life shifts to bring forth positive change is astounding. I am so grateful to Tina and to the collective consciousness who brought forth this book to help human beings begin to make the revolutionary changes that are long overdue in our society to make this world a better, more loving place. Thank you.

This is a clarion call for love from Love & to go deeper in my own journey and at least accept how I

have lived this life & adopted beliefs. I feel challenged, yet not attacked in any way. I am able to respond from a sense of it's time for me to get going personally.....

I couldn't put it down....read in 48 hrs or less, amazing, well written, inspiring & beautiful! Highly recommend! This book speaks to my heart & soul in so many ways on so many levels that I sent another copy to a friend! Now my husband is reading it.....lol, he's learning what I've said all along!

I recently bought the kindle version. The book was divided into three parts: Part 1: Expanding the definition of love; Part 2: Putting love into action, and Part 3: The love story of Jesus and Mary authored by Tina and channeled through to her by Ananda, Jesus and Mary Magdalene. As a newcomer to spiritual awakening, their messages on the definition of love and forgiveness are conveyed in an "easy to read" manner and each chapter seemed to flow right into the next. Thank you Tina for allowing us to hear the words of our higher spiritual beings. I look forward to more enlightenment.

I honestly think this book is for open minded people who are ready to learn about new concepts and believing in them.

I find this a very thought provoking book. I might have to read it twice. I was indoctrinated into one of the main religions and its hard to think, that maybe after all these years of thinking about Jesus in one way, we could be wrong.

Great Book!! Really makes you think.

Really loved this book. Will re-read it many times. Highly recommend it.

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